IN SOLIDARITY
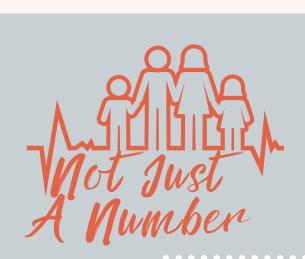
COVID-19 has led to a rise in stressors for everyone, including the Asian Pacific American and Asian International (API) community.

Together WE'RE STRONGER

The API Roots outreach team at the Counseling Center stands in solidarity with the API community. Center resources are available to assist you in going through challenging times.

Blue underlined words = clickable links

Not Just A Number

5.5% U.S. WORKFORCE CONSIST OF THE API COMMUNITY

19.6% OF THE API COMMUNITY ARE DOCTORS (about 1 in 5 doctors)

8.6% OF THE API COMMUNITY ARE NURSES
– Department of Health and Human Services, 2017

While the API community are over-represented as front line healthcare workers, the hate crimes against the API community are on the rise (e.g., verbal & physical attacks, & denial of services). Be part of the solution & promote kindness! See something unjust, do something to support.

API Women Are 3X
more likely to be attacked than API men in harassment cases.
– Professor Russell Jeung

SOURCE

For your convenience, this page lists the titles and links in the "In Solidarity" Handout.

CENTER RESOURCES

Counseling Center's COVID-19 RESOURCES page

https://counselingcenter.illinois.edu/emergency/covid-19-resources

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Sex, Race, and Ethnic Diversity of U.S. Health Occupations (2011-2015)

https://bhw.hrsa.gov/sites/default/files/bhw/nchwa/diversityushealthoccupations.pdf

HATE CRIMES

Racist Harassment of Asian Health Care Workers Won't Cure Coronavirus

https://news.berkeley.edu/2020/04/09/racist-harassment-of-asian-health-care-workers-wont-cure-coronavirus/

DO SOMETHING TO SUPPORT

Standing Up to Hate and Bias Related to COVID-19

https://neaedjustice.org/2020/03/30/standing-up-to-hate-and-bias-related-to-covid-19/

PROFESSOR RUSSELL JEUNG

Asian Americans Are Blamed By Some For COVID-19 Outbreak

https://www.npr.org/2020/03/27/822383360/asian-americans-are-blamed-by-some-for-covid-19-outbreak