Recruitment

The CCP program recruits a new cohort every fall semester. Please visit our website listed at the bottom of this panel for additional information and deadlines.

If you have any questions about the CCP program or services offered, please visit room 110 of Turner Student Services Building. You can also contact program coordinator Theresa Benson at tmb67@illinois.edu.

Outreach, Consultation and Prevention

- Alcohol & Other Drug Office
- Eating Disorders & Disturbances Outreach
- Integrative Health & Wellness Outreach
- Trauma Outreach
- Kognito At-Risk/Suicide Prevention
- International Student Outreach
- Expressive Arts Outreach

Other Campus Collaborations

- Bruce D. Nesbitt African American Cultural Center
- La Casa Cultural Latina
- Asian American Cultural Center
- Women’s Resources Center
- LGBTQ Resource Center
- University and Private Certified Housing
- Academic Departments/Colleges

COUNSELING CENTER
110 Turner Student Services Building
610 East John Street, Champaign
217-244-3356
counselingcenter.illinois.edu
Tuesday @ 7

Each semester, CCPs facilitate a series of Tuesday @ 7 workshops. These workshops are open to students on campus and are designed to be psycho-educational, interactive, strengths-based, and developmentally appropriate.

Strategies are provided to approach a wide variety of topics affecting college students, including:
- Academics
- Relationships
- Wellness

Workshops on Request

CCPs can also tailor workshops to your organization’s needs.

Frequent Topics:
- Study Skills
- Time Management/Procrastination
- Healthy Relationships
- Stress Management

Who Can Request?
- Faculty & Staff
- Registered Student Organizations
- Cultural Centers
- Greek Organizations
- University and Private-Certified Housing

Program Specifics

Psychology 496 (4 credit hours)
Introduction to intentional interviewing and basic helping skills with development of self-awareness through personal and cultural exploration.

Psychology 340 (4 credit hours)
Practical application of basic helping skills under the supervision of Counseling Center staff along with participation in a variety of outreach activities.

Psychology 341 (4 credit hours)
Deepened group facilitation skills for purposes of outreach and projects from previous semester.

CCP Mission

In keeping with the Counseling Center mission, the training and outreach of the Counseling Center Paraprofessional Program strives to incorporate a multicultural, developmental, and strengths-based approach to psycho-educational services offered.

“The CCP program helped me find my place and purpose in the campus community. “
Mary Kate Olofson, 2014