If you have any questions about the CCP program or services offered, please visit room 110 of Turner Student Services Building. You can also contact program coordinator Jeffrey Graham at jwgraham@illinois.edu.

Recruitment

The CCP program recruits a new cohort every fall semester. Please visit our website listed at the bottom of this panel for additional information and deadlines.

Outreach, Consultation and Prevention

- Alcohol & Other Drug Office
- Eating Disorders & Disturbances Outreach
- Integrative Health & Wellness Outreach
- Trauma Outreach
- Kognito At-Risk/Suicide Prevention Outreach
- International Student Outreach
- Expressive Arts Outreach

Other Campus Collaborations

- Bruce D. Nesbitt African American Cultural Center
- La Casa Cultural Latina
- Asian American Cultural Center
- Women’s Resources Center
- LGBTQ Resource Center
- University and Private Certified Housing
- Academic Departments/Colleges
Each semester, CCPs facilitate a series of Tuesday @ 7 workshops. These workshops are open to students on campus and are designed to be psycho-educational, interactive, strengths-based, and developmentally appropriate.

Strategies are provided to approach a wide variety of topics affecting college students, including:

- Academics
- Relationships
- Wellness

Frequent Topics:
- Study Skills
- Time Management/Procrastination
- Healthy Relationships
- Stress Management

Who Can Request?
- Faculty & Staff
- Registered Student Organizations
- Cultural Centers
- Greek Organizations
- University and Private-Certified Housing

CCPs can also tailor workshops to your organization’s needs.

Workshops on Request

Program Specifics

Psychology 496 (4 credit hours)
Introduction to intentional interviewing and basic helping skills with development of self-awareness through personal and cultural exploration.

Psychology 340 (4 credit hours)
Practical application of basic helping skills under the supervision of Counseling Center staff along with participation in a variety of outreach activities.

Psychology 341 (4 credit hours)
Deepened group facilitation skills for purposes of outreach and projects from previous semester.

The CCP program helped me find my place and purpose in the campus community. “
—Mary Kate Olofson, 2014